

# Curriculum vitae (CV)

## Dr. Khatereh Rezazadeh

### Personal Information

- **Name:** Khatereh
- **Surname:** Rezazadeh
- **Date of birth:** 21/03/1983
- **Nationality:** Iranian
- **Marital Status:** Married
- **Children:** one
- **Highest Academic Degree:** Ph.D. of Nutrition
- **Current work:** Assistant Professor
- **Affiliation:** Pediatric Health Research Center, Tabriz University of Medical Sciences, Tabriz, Iran.
- **Address:** Pediatric Health Research Center, Zahra MardaniAzari Children Training, Research & Treatment Center, Khavaran town, Mardani Azari Street, Tabriz, Iran.
- **P.O Box:** 5143377505
- **Office:** +984131596201
- **Mobile:** +989141633180
- **Emails:** rezazadekhatere@gmail.com; kh.rezazadeh@tbzmed.ac.ir
- **ORCID ID:** 0000-0002-9270-7788
- **Researcher ID:** N-2488-2019
- **Google Scholar Link:** <https://scholar.google.com/citations?user=I6LbnjAAAAAJ&hl=en>

### Educational Experiences

□ **Nutrition Sciences**, Bachelor's Degree, 23/09/2001-23/08/2005, **GPA=18.02/20**, Tabriz University of Medical Sciences, Tabriz, Iran.

□ **Nutrition Sciences**, M.Sc., 23/09/2006-23/09/2009, **GPA=18.39/20**, Shahid Beheshti University of Medical Sciences, Tehran, Iran.

□ **Nutrition Science**, Ph.D., 21/01/2012-29/09/2017, **GPA=18.96/20**, Tabriz University of Medical Sciences, Tabriz, Iran.

### **Achievements and Honors**

□ The member of the Talented Students Office at Tabriz University of Medical Sciences.

□ First rank graduate of Ph.D.

□ Provincial Award by The Islamic Republic of Iran Medical Council, for the Best member in Practice in Khoy city, 2018

□ Provincial Award by Nutrition Association of Iran, for the Best member in Practice in Khoy city, 2023

□ Provincial Award by The Islamic Republic of Iran Medical Council, for the Best member in Practice in Tabriz, 2024

**MSc Thesis Title:** The investigation of prevalence of co-existence of stunting and overweight and some factors related to it in primary school children of Khoy city in 2016-2018

**Ph.D. Thesis Title:** The Effect of hydroalcoholic extract of artichoke leaf on metabolic and antioxidant status in patients with metabolic syndrome regarding to polymorphism of FTO, TCFL2, and CETP genes

### **Publications list**

1. Barzegar M, Poorshiri B, **Rezazadeh K**, Toopchizadeh V, Shiva S, Motamedi A. Risdiplam and nusinersen in spinal muscular atrophy: a descriptive real-world study on motor function outcomes in northwestern Iran. *Neuromuscular Disorders*. 2025 Aug 27:106210.
2. Mahallei M, Gorbani L, Hoseini MB, Shaseb E, Mehramuz B, **Rezazadeh K**. The effect of implementing parenteral nutrition guideline on growth and clinical outcomes in preterm infants: a comparative study. *BMC pediatrics*. 2025 May 19;25(1):399.

3. **Rezazadeh K**, Barzegar M, Nezamdoost E, Shoaran M, Abbasi MM, Ghasemi B, Madadi S, Raeisi S. Hepatic toll of keto: unveiling the inflammatory and structural consequences of ketogenic diet in rats. *BMC nutrition*. 2025 Apr 9;11(1):72.
4. Jahanshahi A, Niknam M, Raeisi S, Sadeghvand S, Azar SM, Ghassemi A, **Rezazadeh K**. Comparison of Risk Factors and Outcomes in Pediatric Posterior and Anterior Circulation Arterial Ischemic Stroke: A Cross-Sectional Analysis. *Iranian Journal of Child Neurology*. 2025;19(4):73-9.
5. Shiva S†, **Rezazadeh K**†, Amiraslanzadeh A, Mehramuz B, Yeganehdoost S, Mahallei M. Continuous versus intermittent bolus infusion of calcium in preterm infants receiving total parenteral nutrition: a randomized blind clinical trial. *BMC pediatrics*. 2024 Jan 12;24(1):35. (†Siamak Shiva and Khaterreh Rezazadeh contributed equally as co-first authors.)
6. Sadeghi-Shabestari M, Abbasnazhad M, **Rezazadeh K**, Dastranji A. Anti-leukotriene compared to inhaled corticosteroid for recurrent wheezing in children under five years of age: a randomized clinical trial. *Journal of Research in Clinical Medicine*. 2024. In press.
7. Nomi-Golzar S, Mahboob S, Tavakkoli S, Jafarabadi MA, **Rezazadeh K**, Vaghef-Mehrabany E, Ebrahimi-Mameghani M. Effects of hydroxy citric acid on body weight and serum hepcidin level in women with non-alcoholic fatty liver disease a randomized clinical trial. *Advances in Integrative Medicine*. 2021 May 1;8(2):122-8.
8. **Rezazadeh K**, Ebrahimi-Mameghani M. Artichoke leaf extract and use in metabolic syndrome as an antioxidant. In *Pathology 2020* Jan 1 (pp. 169-177). Academic Press.
9. Heris HK, Nejati B, **Rezazadeh K**, Sate H, Dolatkah R, Ghoreishi Z, Esfahani A. Evaluation of iron overload by cardiac and liver T2\* in  $\beta$ -thalassemia: Correlation with serum ferritin, heart function and liver enzymes. *Journal of cardiovascular and thoracic research*. 2021;13(1):54.
10. **Rezazadeh K**, Asghari-Jafarabadi M, Ebrahimi-Mameghani M. The interaction of FTO-rs9939609 polymorphism with artichoke leaf extract effects on cardiometabolic risk factors in hypertriglyceridemia: a randomized clinical trial. *Advances in Integrative Medicine*. 2019 Sep 1;6(3):104-9.

11. Salekzamani S, Ebrahimi-Mameghani M, **Rezazadeh K**. The antioxidant activity of artichoke (*Cynara scolymus*): A systematic review and meta-analysis of animal studies. *Phytotherapy Research*. 2019 Jan;33(1):55-71.
12. Akbari F, Ghoreishi Z, Jafarabadi MA, **Rezazadeh K**, Nejati B, Esfahani A. Association of CDX2 expression and overall survival and clinicopathologic disease manifestations in patients with gastric cancer in Northwest of Iran. *Immunopathologia Persa*. 2019 Feb 23;5(1):e03-.
13. **Rezazadeh K**, Asghari-Jafarabadi M, Ebrahimi-Mameghani M. The interaction of FTO-rs9939609 polymorphism with artichoke leaf extract effects on cardiometabolic risk factors in hypertriglyceridemia: a randomized clinical trial. *Advances in Integrative Medicine*. 2019 Sep 1;6(3):104-9.
14. Ebrahimi-Mameghani M, Asghari-Jafarabadi M, **Rezazadeh K**. TCF7L2-rs7903146 polymorphism modulates the effect of artichoke leaf extract supplementation on insulin resistance in metabolic syndrome: a randomized, double-blind, placebo-controlled trial. *Journal of integrative medicine*. 2018 Sep 1;16(5):329-34.
15. **Rezazadeh K**, Rezazadeh F, Ebrahimi-Mameghani M. The effect of artichoke leaf extract supplementation on lipid and CETP response in metabolic syndrome with respect to Taq 1B CETP polymorphism: A randomized placebo-controlled clinical trial. *European Journal of Integrative Medicine*. 2018 Jan 1;17:112-8.
16. **Rezazadeh K**, Rahmati-Yamchi M, Mohammadnejad L, Ebrahimi-Mameghani M, Delazar A. Effects of artichoke leaf extract supplementation on metabolic parameters in women with metabolic syndrome: Influence of TCF7L2-rs7903146 and FTO-rs9939609 polymorphisms. *Phytotherapy research*. 2018 Jan;32(1):84-93.
17. **Rezazadeh K**, Aliashrafi S, Asghari-Jafarabadi M, Ebrahimi-Mameghani M. Antioxidant response to artichoke leaf extract supplementation in metabolic syndrome: A double-blind placebo-controlled randomized clinical trial. *Clinical Nutrition*. 2018 Jun 1;37(3):790-6.
18. Farhangi MA, Alipour B, **Rezazadeh K**, Ghaffary A, Eidi F, SaberGharamaleki A, Salekzamani S. Food insecurity and its related socioeconomic and nutritional factors: evidence from a sample of population in the northwest of Iran. *Quality Assurance and Safety of Crops & Foods*. 2015 Feb 1;7(2):109-13.

## **Publications in Persian**

1. رضازاده خاطره, درستی مطلق احمدرضا, امیدوار نسرين, رشیدخانی بهرام. شیوع "کوتاه قدی همراه با اضافه وزن" و ارتباط آن با ویژگیهای اجتماعی-جمعیتی والدین در کودکان دبستانی شهر خوی. مجله علوم تغذیه و صنایع غذایی ایران. 2009. 4 (314): 35-46.

## **Oral presentation in Congresses**

1. **Rezazadeh K.** Religion and quality of life in patients with AIDS. AIDS conference from knowledge to ability- Tehran 2006.
2. **Rezazadeh K,** Asghari-Jafarabadi M. Presenting an advanced method of evaluating the added predictive power of new markers in nutrition studies. The 12<sup>th</sup> Iranian Nutrition Congress- Isfahan 2012.
3. **Rezazadeh K,** Ebrahimi-Mameghani M. Response of metabolic parameters to artichoke leaf extract supplementation in women with metabolic syndrome regarding the TCF7L2 rs7903146 and FTO rs9939609 polymorphisms. 3<sup>rd</sup> International Congress and 15<sup>th</sup> Nutrition Congress 2018.
4. **Rezazadeh K.** Prevalence and factors associated with overweight and obesity among school children aged 6-12 years in northwest Iran. The 15<sup>th</sup> Children and Adolescent Nutrition Congress 2018.
5. **Rezazadeh K,** Ebrahimi-Mameghani M. Effects of artichoke leaf extract supplementation on lipid profile in metabolic syndrome: A double-blind placebo-controlled randomized clinical trial. 2<sup>nd</sup> International Congress of Nutrition 2023.
6. **Rezazadeh K.** Nutrition in gastrointestinal surgeries. Updates on children's gastrointestinal surgery and nutrition 2024.

## **Presentations in Congresses as poster**

1. **Rezazadeh K.** Barzegar M. Poorshiri B. Ketogenic diet in pediatric super-refractory status epilepticus: A case series. The 2<sup>nd</sup> International Congress of Nutrition from Basic to Clinical sciences 2023.
2. **Rezazadeh K.** Barzegar M. Malnutrition in children with type 2 and 3 spinal muscular atrophy. Children and Adolescents Nutrition Congress 2023.
3. **Rezazadeh K,** Ebrahimi-Mameghani M. FTO-rs9939609 polymorphism and metabolic changes in response to Arichoke Leaf Extract supplementation in women with metabolic syndrome. The 14<sup>th</sup> Nutrition Congress Tehran-Iran 2016.
4. **Rezazadeh K,** Ebrahimi-Mameghani M. Effects of Arichoke Leaf Extract on Metabolic Status in Women With Metabolic Syndrome. The 14<sup>th</sup> Nutrition Congress Tehran-Iran 2016.
5. **Rezazadeh K.** A systematic review of epigenetics: a new bridge between nutrition and health. The 13<sup>th</sup> Nutrition Congress Tehran-Iran 2014.
6. **Rezazadeh K.** Systematic review of micronutrients related to cardiovascular disease. The 12<sup>th</sup> Nutrition Congress Tehran-Iran 2012.